

Seasons Breakfast

5:30am - 11:00am

Yoghurt, coconut & summer fruit	12	Grilled Bacon	5
Granola, buckwheat & berry compote	12	Chicken Chipolatas	5
Porridge with banana & honey	12	Mushrooms	5
Waffles with Canadian maple crispy bacon	16	Sauteed Spinach	5
Choice of eggs, avocado, smoked salmon, tomato & herb slaw	18	Grilled Haloumi	5
Choice of eggs, asparagus, goats beta & rocket	18	Baked Beans	5
Choice of eggs, prosciutto, tomato, provolone & basil	18		
Pulled beef shakshuka, labneh & herb foccacia	18		

"Embrace the current season
of your life."
-Gabrielle Blair

Seasons Lunch

12:00pm - 18:00pm

King Prawn Focaccia 16

lettuce, tomato & tartare sauce

Grilled Chicken Ciabatta 16

roast capsicum & provolone

Chargrilled Chorizo Ciabatta 16

caramelised onion, spinach & provolone

Roast Zucchini Herb Focaccia 16

eggplant, capsicum, hummus & rocket

The Ruben 18

corn beef, pickles & sauerkraut on soy & linseed sourdough

The Club 22

bacon, chicken, egg, lettuce, tomato & mayonnaise on soy & linseed sourdough

"The only way to make sense of change is to plunge into it, move with it and enjoy the dance"

-Alan W. Watts

Cobb Salad (gf/nf) 24

grilled chicken, bacon, egg, avocado, lettuce, tomato, green shallots & blue cheese dressing

Lasagnetta Al Forno (v) 22

ricotta & spinach

Steak & Fries 32

250gm shorthorn grain-fed sirloin, onion rings & fries

Seasons Burger 22

signature beef patty, cheddar, lettuce, bacon, pickles & special sauce

Chicken Parmigiana 24

tuscan kale, provolone & mash

Oven Roasted Salmon (gf) 24

green beans & herb salad

Fries & Truffle Mayonnaise 9

Sweet Potato Fries & Aioli 9

Sauteed Greens 9

Seasons Dinner

Spiced Beetroot Ocean Trout

ravanello, sumac & horseradish cream

Salt & Pepper Whiting & Calamari

fennel & chili salt & lime aioli

Shaw River Buffalo Mozzarella (gf)

zucchini, peas, broad beans, mint & lemon

Caprese Salad

fior di latte mozzarella, fresh tomato, balsamic & basil

Seared Beef

soy fusion ginger & pickled daikon radish

Charcuterie & Cheese

prosciutto di parma	16
capocollo	13
spicu salami	13
mortadella	13
breasaola	13
burrata	16
fior di latte	12
stracchino	12
taleggio	12
gorgonzola	12
'la luna' by holy goat	18

18

18

16

16

18

Pappi Orecchiette

porcini mushroom, spring onion, tomato & basil

28

Twice Cooked Pork Belly (gf)

plum & ginger relish & green apple slaw

32

Steak & Fries

250gm shorthorn grain-fed sirloin, onion rings & fries

32

Seasons Burger

signature beef patty, cheddar, lettuce, bacon, pickles & special sauce

22

Rosemary & Garlic Lamb Rack (gf)

moroccan matbucha, moghrabieh cous cous & mint

38

Roasted Atlantic Salmon

pesto barley, carrot, fennel & herb slaw

34

Cobb Salad (gf/uf)

grilled chicken, bacon, egg, avocado, lettuce, tomato, green shallot & blue cheese dressing

24

Asian Chargrilled Tuna Salad

fresh chili & soy fusion ginger dressing

24

Fremantle Marinated Octopus Salad (gf)

teardrop peppers, chickpea, rugola & black garlic

24

Green Beans, Anchovy Butter & Pine Nuts

12

Sauteed Kipfler Potato & Rosemary

12

Broccolini

12

Monday & Tuesday
Pasta & Wine

25

Wednesday & Friday
Burger & Beer

25

Saturday & Sunday
Fish & Wine

25

"Joy is not a season, it's a way of living."

-Kalley Heiligenthal

Seasons Dessert

Chocomisu

16

chocolate crumble & caramel popcorn

Berries & Yoghurt Pannacotta

16

mango puree & almond biscotti

Cinnamon & Butterscotch Apple Tart

16

strawberries & whipped cream

Key Lime Cheesecake

16

strawberries & caramel popcorn

"If you are stuck in the past season or fixated on the future season, you will miss the one you're in."

-Maree Dee